LIFE HEALTHCARE GROUP HOLDINGS LIMITED (Incorporated in the Republic of South Africa) (Registration number: 2003/002733/06) Share code: LHC ISIN: ZAE000145892 ("Life Healthcare" or "the Company")

TRADING STATEMENT

Life Healthcare is currently finalising its results for the six months ended 31 March 2011, which should be released on SENS before 10 May 2011.

In terms of the Listings Requirements of the JSE Limited, a listed company is required to publish a trading statement as soon as it becomes reasonably certain that the financial results for the next period to be reported on will show a 20% or more difference from those of the previous corresponding reporting period.

In this regard, shareholders are advised that earnings per share and headline earnings per share are likely to be between 30% and 40% higher than that reported for the six months ended 31 March 2010.

This is largely attributable to growth in activities, operational efficiencies, expenses of a non-recurring nature in 2010 as well as lower net financing costs as a result of the refinancing of debt prior to the IPO in June 2010.

The forecast financial information on which this trading statement is based has not been reviewed and reported on by the Company's external auditors.

Illovo 11 April 2011

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited